



## **Hypothermia Kits Volunteer Activity**

**(October through April)**

### **About the activity**

- Volunteers will purchase items for “Hypothermia Kits” for reentry participants who are just returning to the community from incarceration. These kits are invaluable for recently released individuals who are experiencing homelessness or do not have stable housing.
- **Please note that volunteers must purchase the items below for the kits, and we will consider it a donation. Please provide your contact information so we can send you a letter acknowledging your donation.**
- Volunteers can drop off the purchased items at the OAR Welcome Center on weekdays between 9 am and 5 pm. Please contact Katy Steinbruck at [ksteinbruck@oaronline.org](mailto:ksteinbruck@oaronline.org) to let her know that you will be coming.

### **Instructions**

- Please see below for the list of items included in the Kits for purchasing, along with additional information and frequent questions.
- Go out and purchase items for the Kits. Enjoy!
- Drop off the items at the OAR Welcome Center on weekdays between 9 am and 5 pm. Please contact Katy Steinbruck at [ksteinbruck@oaronline.org](mailto:ksteinbruck@oaronline.org) to let her know that you will be coming.

### **Hypothermia Kit items**

You can choose any of these items to purchase for the Kits. **Please be sure that the items are new and unused.**

- **Clothing:** ALL clothing should be in gender-neutral tones (i.e., black, grey, blue, forest green) to accommodate the most people
  - Men’s thermals
    - Tops and bottom
    - Size: Large and XL
  - Coats - Size: Large
  - Hoodies - Size: Small, Medium, Large, XL, and XXL
  - Women’s leggings and yoga pants - Size: Medium and Large
  - T-shirts
    - Type: Short sleeve
    - Size: Small, Medium, Large, XL, and XXL
  - T-shirts
    - Type: Long sleeve
    - Size: Small, Medium, and Large

- **Accessories and hygiene items:**
  - Construction boots - Size 9 and 10
  - Adult book bags/ backpacks - Color: Black
  - Gillette Mach 3 razors- packs
- **Food and Drinks:** individually packed and single/snack-size servings
 

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| <ul style="list-style-type: none"> <li>○ Cool ranch Doritos (blue)</li> <li>○ Nacho cheese Doritos (red)</li> <li>○ Cheetos (regular)</li> <li>○ Cheetos (hot flaming)</li> <li>○ Lay's sour cream and onion</li> <li>○ Ruffles cheddar</li> <li>○ Ruffles sour cream</li> <li>○ Funyuns</li> </ul> | <ul style="list-style-type: none"> <li>○ Snickers bars</li> <li>○ Twix bars</li> <li>○ Starbursts</li> <li>○ Skittles</li> <li>○ Pop-Tarts</li> <li>○ Soda cans</li> <li>○ Water bottles</li> </ul> |
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### **Frequently asked questions and answers:**

- **Where can I purchase the items for the kits?**
  - You can find items at stores and drug stores. You can also order items from Amazon and have them shipped to OAR directly. Our Amazon wish list can be accessed through this link: <https://amzn.to/3NCrGbu>.
- **How many of each item should I buy?**
  - We ask that you purchase what you can afford. Most people purchase multiple items. We are grateful for what you can do.
- **Where am I dropping off the welcome home kit?**
  - You can drop the components for the kits off at the OAR Welcome Center on weekdays between 9 am and 5 pm. Please contact Katy Steinbruck at [ksteinbruck@oaronline.org](mailto:ksteinbruck@oaronline.org) to let her know that you will be coming. The Welcome Center is located at 1400 N. Uhle Street, Suite 704, Arlington, VA 22201.
  - The main door where the OAR Welcome Center is located is locked, but there is a call box button outside to call our Welcome Center so someone can come down and receive the items from you.
- **I am interested in learning more about OAR's volunteer opportunities. Whom should I contact?**
  - We love that you want to learn more! Please go to this website to learn more about OAR's volunteer opportunities: <https://oaraaf.org/volunteer>.
- **How else can I support OAR's Reentry program and participants returning to the community after experiencing incarceration and their families?**
  - Donate to OAR on our website at <https://www.oaronline.org/donate/donate-now>.

- **I heard OAR has an Ambassador of Happiness. Who is that?**
  - We are delighted to have Charlie as a beloved member of the OAR Collective! His infectious joy lights up our Welcome Center and warms everyone's hearts. He is OAR's Ambassador of Happiness and is welcoming and loving to all who visit us and wherever he goes. You can keep an eye out for more of Charlie's adorable moments and the joy he brings on our social media, and sign up for the OAR newsletter to read Charlie's Corner: Barks of Wisdom.



#### About OAR:

- **Name:** OAR of Arlington, Alexandria and Falls Church or OAR
- **Welcome Center address:** 1400 N. Uhle Street, Suite 704, Arlington, VA 22201
- **Mailing address:** P.O. Box 41030, Arlington, VA 22204
- **Website:** [www.oaronline.org](http://www.oaronline.org)
- **Social media:** @OARJustice
- **In 2024 and 2025, OAR honors and celebrates 50 Years of Unwavering Commitment to Justice, Joy, and Liberation.**
- **Mission and vision:** OAR is a community-based nonprofit organization that envisions a safe and thriving community where those impacted by the legal system enjoy equal civil and human rights. Through our Upstream work, we are confronting and dismantling individual racism and racism in the legal system and across all systems. Our Downstream work allows us to be on the journey with individuals of all genders returning from incarceration and their families. We also offer alternative sentencing options (including community service) and diversion programs so people can avoid the trauma of incarceration and instead help the community thrive.
- **OAR Upstream Downstream Animation Video:** <https://oaraaf.org/upstream-downstream>
- **Enewsletter sign up:** <https://www.oaronline.org/news-events/oar-newsletters>
- **Enewsletter archives:** <https://www.oaronline.org/news-events/oar-newsletter-archives>